

"When you are clear about your purpose and your priorities, you can painlessly discard whatever does not support these - whether it is clutter in your cabinets or commitments in your calendar".

VICTORIA MORAN

This Month

September 2024

SEPTEMBER

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

WEEK SIX

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Week 1							1
Week 2	2	3	4	5	6	7	8
Week 3	9	10	11	12	13	14	15
WEEK 4	16	17	18	19	20	21	22
WEEK 5	23	24	25	26	27	28	29
WEEK 6	30						

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THINGS TO LOOK FORWARD TO THIS MONTH....

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1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31

MONTHLY INTENTION

September 2024

SEPTEMBER

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

HOME	WELLBEING
FAMILY	FINANCE
DEDCOMAL CROWTH	LOVE DOLLANOS
PERSONAL GROWTH	LOVE + ROMANCE
SOCIAL	RECREATION, FUN + LEISURE
WORK, CAREER + BUSINESS	CONTRIBUTION + COMMUNITY

HABIT TRACKER

September 2024

	HABIT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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ADD TIME BLOCKS AND REMINDERS TO YOUR DIGITAL CALENDAR.

MON	ITHLY	FINA	ANCE											S
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC		SEPTEMBER
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	TOTAL:													
REGUL	AR+ FIX	ED EXP	ENSES						OTAL:	G:				
	DEBT REPAYM	ENTS												·
														WEEK THREE
	INSURANCES +	INVESTMENTS												THREE
	REGULAR HOU	SEHOLD BILLS												
	CAR + TRAVEL								OTAL:					WEEK FOUR
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	CHILD + FAMIL	Y												
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INSURANCES - INVESTMENTS	
REGULAR HOUSEHOLD BILLS	
CAR + TRAVEL	
CHILD • FAMILY	
TOTAL:	
AMOUNT REMAINING:	

AMOUNT REMAINING: TOTAL: AMOUNT REMAINING:

SEPTEMBER

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

WEEK SIX

MONTHLY FINANCE

<u></u>	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC	
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This Week	
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September WEEKI

AIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO OR FOCUS ON EACH DAY	Set your intentions for this week. What things are you going to do to help you achieve your goals?
26 MONDAY	
27 TUESDAY	
28 WEDNESDAY	
29 THURSDAY	
30 FRIDAY	
SOTRIDAT	
31 FRIDAY	
1 SUNDAY	
I SUNDAT	

SEPTEMBER

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO OR FOCUS ON EACH DAY	Set your intentions for this week. What things are you going to do to help you achieve your goals?
2 MONDAY	
3 TUESDAY	
3 TUESDAT	
4 WEDNESDAY	
5 THURSDAY	
6 FRIDAY	
7 SATURDAY	
8 SUNDAY	

SEPTEMBER

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO OR FOCUS ON EACH DAY	Set your intentions for this week. What things are you going to do to help you achieve your goals?
9 MONDAY	
10 TUESDAY	
11 WEDNESDAY	
12 THURSDAY	
13 FRIDAY	
14 SATURDAY	
15 SUNDAY	

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HABIT TRACKER

AIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO OR FOCUS ON EACH DAY	Set your intentions for this week. What things are you going to do to help you achieve your goals?
6 MONDAY	
7 THEODAY	
7 TUESDAY	
8 WEDNESDAY	
P THURSDAY	
O FRIDAY	
1 SATURDAY	

This	Week	
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This Week	•
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This Week	September WEEK 5
IN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO OR FOCUS ON EACH DAY	Set your intentions for this week . What things are you going to do to help you achieve your goals?
B MONDAY	
TUESDAY	
WEDNESD AV	
WEDNESDAY	
THURSDAY	
7 FRIDAY	
3 SATURDAY	
P SUNDAY	

6 SUNDAY

This Week	September WEEK 6	
IAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO OR FOCUS ON EACH DAY	Set your intentions for this week. What things are you going to do to help you achieve your goals?	
30 MONDAY		
I TUESDAY		
2 WEDNESDAY		
3 THURSDAY		
4 FRIDAY		
5 SATURDAY		

MONTHLY REFLECTION

Good things that happened this month...

WHAT WENT WELL...

WHAT DIDN'T GO SO WELL...

WHAT I CAN CHANGE NEXT MONTH...

WEEK THREE

WEEK FOUR

WEEK FIVE

DID YOU ACHIEVE YOUR GOALS AND INTENTIONS THIS MONTH?

HOW WOULD YOU RATE THIS MONTH OUT OF 10?